Sandakhpy-Phalyt 06 Nights 07 Days

Arrival day (Base camp - Jau-bari)

- Arrive at Bagdogra airport or NJP railway station and drive to Jau-bari.
- SMITE will arrange for pick up vehicles from the airport/railway station to the

base camp – Jau-bari.

- It will take approximately 5 hours to reach Jau-bari from the airport/railway station.
- Reporting time at Jau-bari is 5 pm, sharp. The trek starts at 8:30am the following

morning.

Jau-bari to Tonglu

- Start trek at 8:30 am from Jau-bari to Tonglu.
- You will need to cover a total of 11 km with an altitude gain of 953 m in 7 hours

today.

- The trail is a combination of gradual as well as steep ascents. There are a few rocky paths, and level meadow walks.
- Look out for Chimal and Magnolia trees. If you are lucky and very quiet you might

be able to spot a red panda.

 You will pass through Lamaydhura – a small Tibetan village, an SSB check post and a Buddhist monastery. Foreigners need to keep their visas and Indians need

to keep their ID proofs ready for verification at the SSB post.

• The trek ends at Tonglu. Camp for the night at Tonglu.





Tonglu to Kalipokhri

- Wake up early morning to view an amazing sunrise above the peaks of the Khanchendzonga range.
- Today's trek covers a distance of 11 km starting from Tonglu with an altitude gain of 83 m.
- The trail goes through forests, a clearing, few meadows and the Singalila National Park.
- Watch out for a border stone near Gairibas. You will see India on your left and Nepal on your right.
- The trail from Kaikhatta to Kalipokhri is perfect for bird watching.
- The final destination of the day is a small black lake known as Kalipokhri. You will find Buddhist prayer flags hanging above it.
- Camp overnight at Kalipokhri, which is exactly on the India-Nepal border.

04 Kalipokhri to Sandakphu

- Today's trek is relatively easy, mostly level walks with some gradual ascents and a few
 - steep ones.
- It is a 6 km trek from Kalipokhri to Sandakphu with an ascent of 466 m.
- It will take you approximately 3 hours to reach Sandakphu.
- Watch out for Bikhaybhanjyang (Valley of Poison) en route. It gets its name from a
- poisonous aconite plant which grows in abundance here.
- You will trek through forests of silver firs, rhododendrons, magnolias and lovely largeleaved drumstick primulas.
- Enjoy a 180-degree panoramic view of the Himalayah peaks from here.
- You will be able to see Makalu, Lhotse, Everest, Nuptse, Baruntse, Chamlang,
- Chomolonzo, Machapucchare and other peaks of the Annapurna range spread on
- towards the west. Three sister peaks stand tall towards the north and then of course,
- the Sleeping Buddha lies before you. Towards the east, you see the highest ranges of
- Bhutan Chomolhari which rises above of all other peaks around it.
- Mobile network is available at the highest point in Sandakphu.
- The temperature at the top dips to sub-zero post sunset.

Sandakphu to Phalut

• Start trekking early morning from Sandakphu. You will need to descend down to reach Phalut.

• It's a long trek covering 21 km in approximately 8 hours.

- Look out for the Forest Check Post at Sabarkum en route.
- After descending 21 km (37 m) you will reach Phalut.
- Camp for the night at Phalut.

Phalut to Gorkhey

- The trail is mostly descending with a few gradual ascends between dense forest cover.
- It covers a distance of 10 km starting at Phalut and ending at Gorkhey.
- It will take you around 3 hours to reach Gorkhey.
- The highlight of today's trek is the river crossing (Gorkhey river) at the end of the day.
- Camp overnight at Gorkhey.

Gorkhey to Sepi

- Depart from Gorkhey to Sepi early morning.
- You will reach Sepi around 1 pm. The trek ends at Sepi.
- SMITE will arrange for transport from Sepi to Darjeeling/Siliguri through shared/exclusive cabs.

Distance & Timings

Sepi to Darjeeling

- •Sepi to Darjeeling 60 km (4 hours approx)
- •Darjeeling to Bagdogra 66 km (3 hours approx)
- •Darjeeling to NJP hours 70 km (3 hours approx)

Sepi to Siliguri

- •Sepi to Siliguri 123 km (7 hours approx)
- •Siliguri to Bagdogra 8 km (30 hour approx)
- •Siliguri to NJP 6 km (30 mins)